



Class Schedule – Autumn 2020

Tuesday

Location: Barnwell Upper School, Shephall, Stevenage, SG2 9SR ([Map](#))

7pm-8pm – Level 3 Belly Dance Class

8pm – 9pm – Beginners Belly Dance Class

Wednesday

Location: The Chauncey School, Park Road, Ware, SG12 0DP ([Map](#))

7pm-8pm – Beginners Belly Dance Class

8pm – 9pm – Level 2 Belly Dance Class

Thursday

Location: Trugym, Roaring Meg Retail Park, Great North Road, SG1 1XN ([Map](#))

7.35pm-8.35pm – Level 4 Belly Dance Class

8.35pm -9.35pm- Sameerah Student Troupe Rehearsals/Training

Cost

All 6-week courses cost £42. If you are trying Belly Dancing for the first time you can try the first class for £7 before committing to the course.

For more information or to book contact Laura at info@sabihah.dance

What to Wear?

Wear something that you feel comfortable in and can move freely. Leggings and a t-shirt/vest top are great or gym outfits. You do not need to show your belly. We dance in bare feet or you can wear ballet pumps or soft soled shoes if you prefer.

Sabihah School of Belly Dance

Sabihah.dance